

Name: \_\_\_\_\_

Educational level: \_\_\_\_\_

Handedness: R

L

Ambidextrous

Hours slept last night: \_\_\_\_\_

Hours since last meal: \_\_\_\_\_

Please list all medications taken, including medication name and dosage. Include any over the counter medications that have been taken as well. If you have stopped medications for this EEG recording, please list the last date the medication was taken:

*Medication name*

*Daily Dosage*

*Last Date Taken*

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It is critically important for obtaining a good EEG recording that you follow the steps below prior to your qEEG assessment. Please check for each step completed prior to coming to the appointment:

- If you are taking stimulant medication, it is preferable to do the qEEG recording after a 48-hour medication washout. Please check with your prescribing physician to determine if it is possible to stop taking the stimulants 48 hours prior to recording the qEEG. Do not make changes in any other medication, but be sure to bring medication type and dosage information to provide to the technician to record before the EEG is done.
  
- Take all your prescribed medications (other than stimulant medication) unless instructed otherwise.
  
- If you are sick, please call to reschedule. We want to reschedule even if you only have a cold.

- Make sure you are rested and not sleep deprived the night before.
- Try to achieve a degree of relaxation before the test.
- Eat and hydrate normally prior to the test.
- Avoid foods or beverages that contain caffeine at least 15 hours prior to the qEEG.
- Please inform us of your prescribed medications and doses prior to scheduling your qEEG.
- Make sure your hair is clean and free of sprays, creams or gels. If possible, do not use conditioner when washing your hair before coming to the clinic.
- Make sure your hair is dry when you come in the clinic.
- Remove any hair accessories and earrings.
- Remove excess make-up on the face.
- Please be on time, and turn off cell phones for the test.
- Bring all documentation that needed to be filled.
- Do not hesitate to call in advance if you have any questions.
- Use the restroom if you need to prior to the start of the qEEG because we will not be able to stop once the recording begins.